

Let's pray:

"A Decade
a Day
in May"

May is the month of Mary.

The Rosary is a devotion to honour Our Lady, the Mother of God. When we pray the Rosary, we pray to Mary who leads us to her Son, Jesus. Mary prays for each one of us and she asks her son, Jesus, to protect us and keep us safe.

This May let us pray a "Decade a Day" for all our intentions.

The Rosary beads are divided up into five parts called **decades**. Each decade stands for one of the Mysteries in the life of Jesus. There are four Mysteries of the Rosary; each one reminds us of significant moments in the life of Jesus. They are:

- Joyful Mysteries
- Sorrowful Mysteries
- Glorious Mysteries
- Mysteries of Light.



Below are suggested intentions for each day:

Monday: For protection for all our families

Tuesday: For students preparing for exams

Wednesday: For all who are suffering from the effects of war

Thursday: For peace in the world

Friday: For all who are sick and for those who care for them.

How to pray a decade of the Rosary

- Pray the Sign of the Cross
- Announce the decade (for example: The First Joyful Mystery: The Annunciation)
- Pray one *Our Father*
- Pray ten *Hail Marys*
- Pray one *Glory Be to the Father*

The Joyful Mysteries:

- The Annunciation (Lk 1:26-38)
- The Visitation (Lk 1:39-45)
- The Nativity (Lk 2:6-20)
- The Presentation of Jesus in the Temple (Lk 2:21-39)
- The Finding of the Child Jesus in the Temple (Lk 2:41-51).

The Sorrowful Mysteries:

- The Agony in the Garden (Mt. 26:36-46)
- The Scourging at the Pillar (Mt. 27:26)
- The Crowning with Thorns (Mt. 27:29)
- The Carrying of the Cross (Jn 19:17)
- The Crucifixion (Lk 23:33-46).

The Glorious Mysteries:

- The Resurrection (Lk 24:1-12)
- The Ascension (Lk 24:50-51)
- The Coming of the Holy Spirit on the Apostles (Acts 2:1-4)
- The Assumption of Our Lady into Heaven (Rev. 12)
- Our Lady is Crowned Queen of Heaven (Rev. 12:1).

The Mysteries of Light:

- The Baptism of Jesus in the Jordan (Mt 3:1-17)
- The Wedding Feast at Cana (Jn 2:1-11)
- Jesus Proclaims the Kingdom of God (Jn 3:1-5; Lk 18:16-30)
- The Transfiguration (Mt 17:1-9)
- The Institution of the Eucharist (Mt 26:19-30)
