

Suggestions for Penance

7 SEVEN

Let us rediscover these
corporal works of mercy:

1. Feed the hungry
2. Give drink to the thirsty
3. Clothe the naked
4. Welcome the stranger
5. Heal the sick
6. Visit the imprisoned
7. Bury the dead

And let us not forget the
spiritual works of mercy:

1. Counsel the doubtful
2. Instruct the ignorant
3. Admonish sinners
4. Comfort the afflicted
5. Forgive offences
6. Bear patiently those who do us ill
7. Pray for the living and the dead



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