St. Brigid

Long, long ago, there lived a woman called Brigid. Brigid was born in Ireland, in a place called County Louth. She was a very good and kind person. She was especially good and kind to people who were poor. She wanted to share love with everyone that she met, but especially with people who were poor. One day Brigid set out on a long journey. After a little while she stopped to rest by the side of the road. A rich woman was going by and she saw Brigid. This woman heard about Brigid and she wanted to give her something, She asked her servants to run to her orchard and to fill a basket of delicious apples for Brigid. 'Oh, thank you!' said Brigid. 'You are so kind. These apples will certainly keep me from being hungry on my journey.' The woman hadn't even left when a group of people who were very poor came by. They saw Brigid's basket of apples. 'Please give us an apple,' one of them said. 'We have not eaten for days and days, and we are so hungry.' Brigid felt very sorry for the people. They looked very tired and very hungry. 'Here,' she said giving them the basket. 'Take all of them. You need these much more than I do. You should have the apples.' The rich woman who had given Brigid the apples heard what Brigid said. 'Hey!' she shouted. 'I brought those apples for you, not for them!' Brigid looked at the woman, smiled, and said, 'What is mine is theirs.' Brigid explained to the woman that she was doing what God wanted her to do. God wants us to be good and kind and generous to everyone, especially those who are in need. The people were very grateful to Brigid. They realised right away that she must be a very special person indeed.
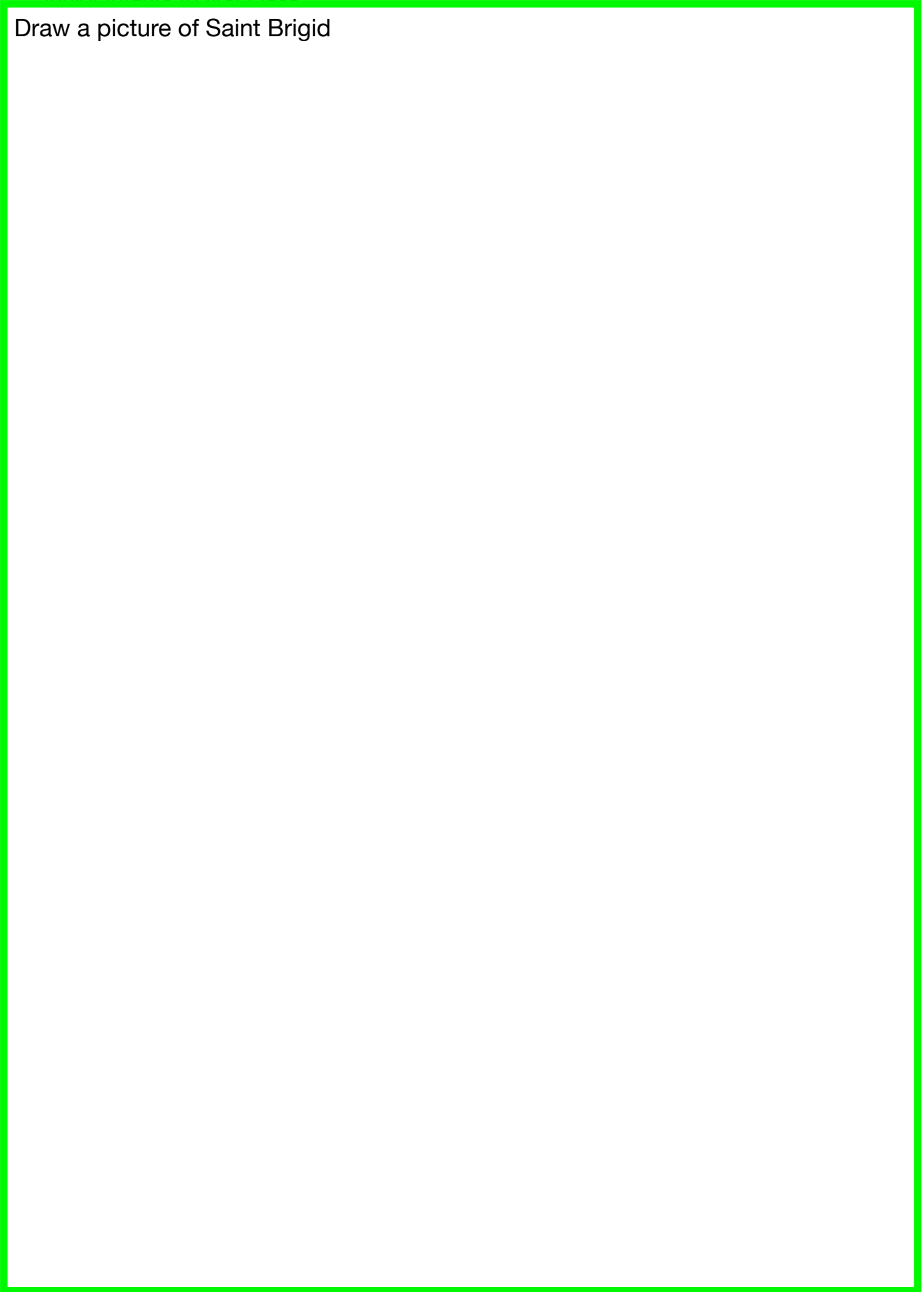
1. Can you think of examples of kindness you saw - at home, in school, among friends, on the street?
2. Can you think of ways that you show kindness to others?

Prayer
St. Brigid of Ireland,
Help us, we pray,
To be kind and loving
In our work and play.

Draw a picture of Saint Brigid

Junior infants to first class