

# BAPTISED AND SENT IN LENT



A 5 week Lenten course for Parish  
Small Faith Sharing Groups from  
Irish Synodal Pathway



During Lent 2026 we are all being invited to action some of the different themes of our National Synodal Journey:

- *Baptised and Sent by the Spirit*
- *Personal Contact with Jesus transforms us*
- *Who belongs?*
- *Healing in Christ*
- *New Life in Christ*

All  
resources  
will be  
provided



## Facilitator Training

Join us on **ZOOM** to learn how to lead the programme in your parish ready for Lent.

**Wednesday 28<sup>th</sup> January**

**7.30pm–8.45pm**

To register for the Zoom Facilitator Training please scan the QR code and fill in the online form:

